

COVERSHEET

Minister	Hon Tracey Martin	Portfolio	Children
Name of package	Transforming our Response to Children and Young People at Risk of Harm: Paper Six: Transition Support	Date of issue	02 August 2019

List of documents that have been proactively released				
Date Title Author				
5 November 2018	Transforming our Response to Children and Young People at Risk of Harm: Paper Six: Transition Support	Office of the Minister for Children		
31 October 2018	SWC-18-MIN-0153 – Cabinet Social Wellbeing Committee Minute	SWC Committee Secretary		

Information withheld

Some parts of this information release would not be appropriate to release and, if requested, would be withheld under the Official Information Act 1982 (the Act). Where this is the case, the relevant sections of the Act that would apply have been identified. Where information has been withheld, no public interest in making the information available has been identified that would outweigh the reasons for withholding it.

Section of the Act	Reason for withholding
Section 9(2)(g)(i)	The release may undermine the future ability of Ministers to provide free and frank advice on Budget expenditure options. The importance of this process means it is not outweighed by the public interest in transparency.

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BUDGET - SENSITIVE

Office of the Minister for Children

Chair, Cabinet Social Wellbeing Committee

TRANSFORMING OUR RESPONSE TO CHILDREN AND YOUNG PEOPLE AT RISK OF HARM

PAPER SIX: TRANSITION SUPPORT

Proposal

- This paper outlines my proposed approach for establishing a transition support service for young people moving out of care or a youth justice residence into adulthood. I am seeking agreement to policy proposals that will enable Oranga Tamariki—Ministry for Children (Oranga Tamariki) to meet its legislative obligations in relation to these young people from 1 July 2019.
- 2 Subject to Cabinet agreement, this approach will form the basis of a Budget 2019 initiative.

Executive summary

A transition support service needs to be established by 1 July 2019 to meet legislative requirements to assist some young people who have been in care or a youth justice residence to move into adulthood and independent living. Transition support is one of the core functions of the Oranga Tamariki operating model.



Young people who have been in statutory care or a youth justice residence are among those who have the highest needs and require the most support in New Zealand. The current system does not adequately provide for the range or intensity of supports many of these young people need as they transition into adulthood. Evidence shows that providing early

transition support to this at-risk cohort will help to improve their stability and long-term wellbeing outcomes.

- The transition support service will be underpinned by a graduated service model which supports young people through their transition, starting while they are still in care or a youth justice residence, through to age 25. Drawing on what young people have said they need, the legislative requirements, and the evidence base, I propose that this service should:
 - 5.1 be underpinned by a **relationship-based model**, with a focus on building a relationship with the young person and supporting them to build positive relationships with their family, whānau and other trusted adults
 - 5.2 start preparation and planning as early as possible
 - 5.3 provide for after-hours crisis support
 - 5.4 be able to **respond to reasonable requests for financial assistance**, with a focus on maximising existing entitlements
 - 5.5 be able to provide or facilitate a range of housing supports for young people.
- A whole-of-system approach is needed to provide for wider access to services for these young people. This means families, family groups, whānau, hapū, iwi, and communities need to be involved, as well as key government agencies.
- I am seeking agreement to investment in a relationship-based transition support service that prioritises spending early on, and provides a strong level of support throughout young people's transitions. This approach strikes the best balance between achieving the outcomes we want to achieve for these young people as they move into adulthood, and being manageable for Oranga Tamariki to implement by 1 July 2019.
- Subject to Cabinet agreement, this approach will be further refined and will inform the basis of a Budget 2019 initiative. Once we have made a decision about this policy approach, the scaling and phasing choices for the delivery of the service will be worked through as part of the standard Budget process. I intend for the service to be scaled up as Oranga Tamariki builds its capacity and capability (and that of its partners), and as young people age into the service over time.
- Initial work will be needed ahead of 1 July 2019 to establish the transition support service and enable Oranga Tamariki to meet its legislative obligations. I intend to report back to Cabinet later this year seeking a pre-commitment for funding to resource this work.

Background

- Improving the wellbeing of children and young people is a priority for this Government. We want New Zealand to be the best place in the world to be a child or young person. A critical part of achieving this is helping those young people who have been in care or a youth justice residence to move successfully into adulthood and independent living.
- In March 2016, Cabinet agreed that a transition support service for these young people will be a core component of the new operating model for Oranga Tamariki [SOC-16-MIN-0023]. The service will need to meet new and amended legislative provisions in the Oranga

Tamariki Act 1989 (the Act) relating to transition support. These provisions come into effect by 1 July 2019, but some will only apply to certain young people. The key provisions are:

- 11.1 new purposes and principles for transition support
- 11.2 a new entitlement for young people who have been in care to be supported to live with a caregiver from age 18 to 21
- 11.3 a new duty to take reasonable steps to maintain contact with young people up to age 21 when they have been in care or a youth justice residence
- 11.4 an extension of the current duties around the provision of advice and assistance to young people up to the age of 25 who have been in care or a youth justice residence.
- 12 The design of the service also needs to contribute to meeting:
 - 12.1 requirements in the Oranga Tamariki (National Care Standards and Related Matters)
 Regulations 2018 (the National Care Standards) around preparing young people for
 their transition out of care while they are still in care²
 - the existing legislative duty to support children and young people to express their views, and to ensure these are taken into account in the development of Oranga Tamariki services and policy³
 - 12.3 commitments made by Oranga Tamariki to improve outcomes for Māori children and young people, in line with section 7AA of the Act (see *Paper Two* for more detail).

Co-design and consultation process

Oranga Tamariki officials have taken a co-design approach to the design of the transition support service, working extensively with young people and other stakeholders, including caregivers, frontline professionals and other groups, to inform the design and development of the transition support service. This included working with Māori young people, iwi and Māori organisations to integrate their views into the design of the service.

Case for the transition support service

Young people who have been in care or a youth justice residence are at significant risk of poor wellbeing outcomes

Young people have said that when they leave care at age 18, they are at a vulnerable age and are too young to be left without support.

Young people leaving care or a youth justice residence are among those who have the highest needs and require the most support in New Zealand. They are likely to have high health needs and/or rates of disability, and insecure or inadequate housing. They are less

3 Sections 7 and 11.

¹ The provisions apply when the young person was in care or a youth justice residence for a continuous period of at least three months since reaching the age of 14 years nine months. The entitlement to live with a caregiver will only apply to those who turn 18 from 1 July 2019. The duty to maintain contact with a young person will only apply to those who are subject to any process or proceeding under the Act from 1 July 2019. The other provisions will apply to all eligible groups from 1 July 2019.

² Part 5, subpart 2.

⁴ This included consultation with 82 young people, 77 caregivers, 236 Oranga Tamariki staff, 146 practitioners across the sector, 20 providers and surveying 470 additional caregivers.

likely to engage with education and employment than their peers. Many have fewer social and financial supports. Many also suffer the enduring effects of childhood trauma.

- Wellbeing outcomes for young people aged 18 to 20 who have left care or a youth justice residence are significantly poorer than for young people who have had no contact with Oranga Tamariki. These care or youth justice-experienced young people are:
 - 15.1 between 20 and 80 times more likely to be involved in serious offending, and between nine and 20 times more likely to be involved in low-level offending
 - 15.2 five to seven times more likely to be on a benefit
 - 15.3 three to seven times more likely to access mental health services
 - 15.4 12 to 30 times more likely to access substance abuse services
 - 15.5 two to four times more likely to be hospitalised
 - 15.6 half as likely to achieve a tertiary qualification.5
- 16 These disparities in outcomes continue as these young people grow older.
- A significant number of young people who have left care or a youth justice residence will have multiple and complex needs. A needs survey carried out by Oranga Tamariki indicated that 40 percent of the eligible group of young people have high or very high needs. ⁶

The current system does not adequately support these young people to transition into independence

Young people have said that they felt anxious and unprepared for adult life by their time in care, and often experienced chaos, transience and in many cases periods of homelessness on their discharge from care. Many of these young people struggled to meet their basic needs after leaving care and often didn't know how to access support when they needed it.

- Young people leaving care or a youth justice residence are not getting adequate support at the time when they need it most. For these young people, the transition to adulthood often comes early, abruptly and with little in the way of a safety net. Many face a 'cliff edge' in the support available once they leave their placement.
- Transitioning to adulthood successfully covers all aspects of wellbeing. However, the range of supports currently available to these young people is limited in scale and scope. While there are some youth-focused services available, most of the supports these young people

5 Based on information on the 2001 birth cohort sourced from the Integrated Data Infrastructure (IDI) managed by Statistics New Zealand, extracted in February 2018. They are not official statistics, they have been created for research purposes from the IDI.

⁶ The survey found that within the group of young people who will soon be eligible for transition support and who have high or very high needs: 47% had or were suspected to have a disability; 54% had or were suspected to have substance abuse issues; and 78% had or were suspected to have mental health needs. Oranga Tamariki—Ministry for Children. 2018. Summary Findings of the Transitions Cohort Needs Surveys. Unpublished.

⁷ Key youth-focused services currently available include the Ministry of Social Development (MSD)-funded Youth Service; the Oranga Tamariki-funded Transition from Care to Independence pilots being delivered in Auckland; the Oranga Tamariki-funded supported living pilots, offering 18 places; and certain Ministry of Housing and Urban Development-funded initiatives, including the Supported Accommodation for Youth initiative, offering 12 places. Youth One Stop Shops provide some holistic services but are currently only available in 11 sites across New Zealand.

- can access are not designed to address the full range of material, physical and mental health, education and safety needs they have.
- Young people with multiple and complex needs have even more difficulty accessing the help they need. They are likely to require more flexibility, intensity and perseverance in support, such as through mental health or disability services.

Transition support helps to improve outcomes for young people and contributes to government priorities

- International evidence shows that providing a range of transition supports could help to improve immediate and longer-term wellbeing outcomes for these young people. See Appendix A for more detail.
- Through helping to improve wellbeing outcomes for young people, the transition support service will make a key contribution to government priorities, including agreed priorities for Budget 2019 and outcomes sought through the Child and Youth Wellbeing Strategy.

The transition support service will deliver graduated support across three stages

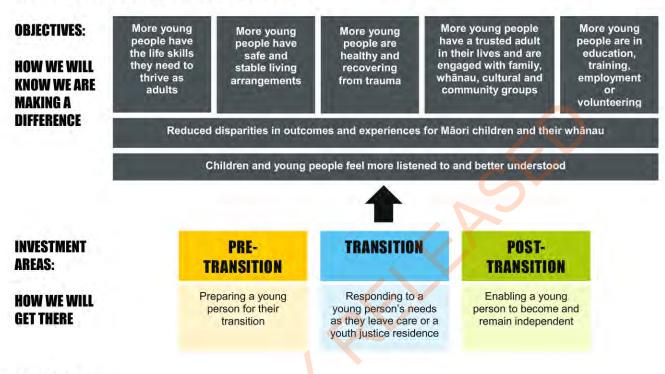
- The transition support service will be underpinned by a graduated service model which supports young people to build to independence through three stages:
 - 23.1 The pre-transition stage prepares a young person for their transition.
 - 23.2 The *transition* stage responds to a young person's needs as they leave care or a youth justice residence.
 - 23.3 The **post-transition** stage helps a young person to become and remain independent.
- Advice and assistance will be available to young people through the *transition* and *post-transition* stages. During the *transition* stage, young people who have spent the minimum period of time in care will be able to live with a caregiver up to age 21 if they choose. The young person will be expected to contribute a portion of their income towards the living costs of this support arrangement, and Oranga Tamariki will provide financial assistance to cover the remainder of those living costs, where necessary.
- 25 Eligible young people who are 18 years or older and who have been sentenced to imprisonment or a community sentence by the District or High Courts will still be entitled to receive some transition supports.
- Appendix B sets out the future state service model for transition support in more detail, including how this maps against the legislative requirements.

The service will work towards clear improvements in outcomes for these young people

The changes I am proposing to the care and youth justice systems will help to improve outcomes for many of these young people (See *Paper Four* and *Paper Five* for more detail), but support needs to continue as they age out of these services.

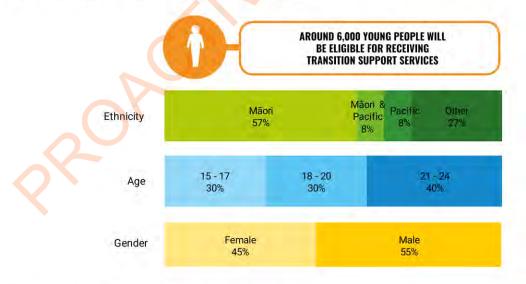
⁸ This has been modelled on 60% of the young person's income.

Officials have developed objectives that set out the changes that the transition support service needs to make. These are informed by what young people have told them, the legislative purposes and principles for transition support, and international evidence. They are set out in the outcomes framework below.



Cohort analysis

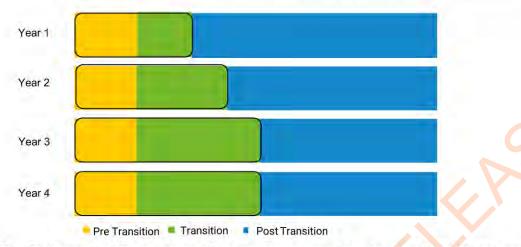
29 The numbers of young people eligible for transition support from 1 July 2019 are estimated to remain fairly constant at around 6000 – with around 600 young people becoming eligible for support each year, and 600 aging out of the service. The diagram below shows estimates of how the cohort varies in ethnicity, age and gender.



Legislative phasing is reflected in the service

30 Legislative requirements mean that some service components are available to all eligible young people immediately, while others will phase in over time for certain groups. The entitlement to live with a caregiver and the duty to maintain contact apply for eligible young

- people as they turn 18 from 1 July 2019 (until they turn 21), but the advice and assistance component is available from 1 July 2019 to all eligible young people aged between 18 and 25.
- 31 Due to the legislative phasing, the number of young people eligible within each phase of the service will change over the first three years, as young people age into certain entitlements, and stabilise at the end of year three. This is illustrated in the diagram below.



32 By the end of its first year, the transition support service is estimated to be working *proactively* with around 2000 young people. Of those, around 1000 will be under age 18 and still in care or a youth justice residence and will need focused preparation for living independently. An additional 4000 young people up to age 25 will be eligible to approach Oranga Tamariki for advice and assistance (and the service will work with them *reactively*).

Key elements are needed for a successful transition support service

- Based on what young people have told us, and the evidence base, certain elements are needed for a successful transition support service. To enable the service to deliver on its objectives and support compliance with legislative requirements, I propose that it should:
 - 33.1 be underpinned by a **relationship-based model**, because this is critical for enabling young people to successfully transition to independence and to build positive relationships with their family, whānau, and others
 - 33.2 start **preparation and planning** as early as possible, because this is also critical to enabling successful transitions for young people into adulthood
 - 33.3 provide after-hours crisis support, because this is when young people need help the most
 - 33.4 be able to respond to reasonable requests for financial assistance, when existing entitlements have been exhausted
 - 33.5 be able to provide or facilitate a **range of housing supports** for young people where this is needed, because housing is a critical factor in becoming independent.
- 34 Appendix C includes more detail about the rationale for these elements.

A whole-of-system approach is needed to provide for wider access to services

My current priority is to establish the core transition support service these young people need. Over time, social sector agencies, iwi and community partners will need to work

- together to build a whole-of-system approach to supporting these young people. This will include helping them to build community connections and access services to address their needs (including services for education, employment, health and housing).
- I expect that the Oranga Tamariki Action Plan and strategic partnerships will be key mechanisms for setting strategy and building the whole-of-system approach (see *Paper One* and *Paper Two* for more detail). Oranga Tamariki will consider opportunities to align with the Joint Venture Family Violence and Sexual Violence as part of this work.

Options analysis

- A significant level of investment will be needed to achieve our ambitions for our young people. I have considered three options for investment in the service. Each of these options meets the legislative requirements for transition support. They provide for different combinations of the service elements set out in paragraph 33:
 - 37.1 **Option One: minimum service** primarily a phone-based service supported by existing and new frontline workers to respond in person to assessed need
 - 37.2 **Option Two: strong preparation, continuing response** a relationship-based service that prioritises investment while young people are preparing to transition out of care or a youth justice residence, and provides a strong level of support throughout their transition
 - 37.3 **Option Three: high-intensity service** an ambitious relationship-based service that is based on delivering a high intensity of support across all stages, and securing a high level of engagement and take-up from young people.
- The table below sets out my assessment of these options against the evaluation criteria detailed in Appendix D.

Option	Assessment This option:			
Option One:				
Minimum service	 is largely based on using the existing care system workforce is the cheapest and most manageable option to stand up by 1 July 2019 goes some way towards delivering on the policy intent provides for a minimum level of support for young people, and the leas likely to deliver on the objectives for transition support does not provide what young people have said they need. 			
Option Two (recommended option): Strong preparation, continuing response	 creates a dedicated relationship-based service up to age 21, with the highest level of investment focused in the pre-transition stage and moderately high investment in the transition and post-transition stages will be manageable to stand up by 1 July 2019 and for Oranga Tamariki to build on and extend as the eligible cohort ages through the service. It would have a moderate fiscal impact goes further than Option One towards meeting the policy intent is likely to deliver on the transition support objectives (though not as fa as Option Three) aligns with what young people have told us they need, as well as with approaches taken in comparable overseas jurisdictions. 			

Option	Assessment This option:		
Option Three:			
High intensity service	 provides a dedicated relationship-based service with the highest ratios of staff to young people and the highest levels of financial assistance and supported housing is the most difficult option to deliver by 1 July 2019 and has the highest fiscal impact goes the furthest towards meeting the policy intent is likely to go furthest to deliver on the objectives for transition support aligns the most with what young people have told us they need, as well as with best-practice approaches taken in other countries. 		

Appendix E provides further detail on what can be achieved through each option, their estimated costs, and analysis against the evaluation criteria.

Proposed option

- My aim is to be ambitious for our young people and deliver a quality service, building up over time from a strong foundation. I therefore propose **Option Two**. Across the three stages, Option Two looks like:
 - 40.1 **Pre-transition** The young person receives a holistic needs assessment. A transition key worker builds a relationship with the young person alongside their social worker, engages with key people and agencies in the young person's life to agree how to meet their transition needs and develop a plan. The transition worker provides or arranges services to meet the young person's needs.
 - 40.2 **Transition** The transition key worker maintains a relationship with the young person and proactively maintains contact until age 21. The worker supports eligible young people to live with a caregiver if they wish or to find suitable accommodation, and provides or arranges advice, services and assistance to meet their reasonable needs (in some cases including financial assistance). The worker supports the young person to build and maintain positive relationships with their family, family group, whānau, hapū, iwi, or wider community where they wish to do so.
 - 40.3 Post-transition The young person is connected to adult services to prepare them for the final move to adulthood. The service is available to respond to requests for advice and assistance until the young person turns 25. Ongoing support is available for young people who need it, including those with multiple and complex needs, through to age 25.
- This approach balances the need to deliver on the service objectives and the legislative requirements, while still being manageable for Oranga Tamariki to establish by 1 July 2019.

Impacts and benefits

- 42 If Option Two is implemented, I expect to see the following key changes for young people who have been in care or a youth justice residence:
 - 42.1 young people have a more supported and graduated transition to adulthood
 - 42.2 young people are better able to maintain stable living and working situations

- 42.3 young people have improved physical and mental health
- 42.4 young people have healthier relationships and stronger community connections
- 42.5 young parents are better supported, reducing intergenerational impacts of harm.
- I expect that achieving these changes will lead to significant improvements in life outcomes for these young people and narrow the gap in wellbeing between them and other young people. This is expected to include improved engagement with education, employment and training; reduced offending; and reduced need for mental health or substance abuse treatment.
- This work will contribute to the wider shifts we want to see across the operating model to reduce disparities in outcomes for Māori young people, and to ensure children and young people feel more listened to and better understood.
- Oranga Tamariki will model some of the longer-term wellbeing benefits for transition support through the Children's Wellbeing Model as part of the Budget process.

Implementation approach

- I intend for this service to be scaled up as Oranga Tamariki builds its capacity and capability (and that of its partners), and as young people age into the service over time. This will include:
 - 46.1 building service strength over time, starting with *pre-transition* and *transition* stages
 - 46.2 working in a co-ordinated way with other services (across the Oranga Tamariki operating model, as well as wider services and supports) to maximise existing entitlements and avoid duplication of functions
 - 46.3 taking a mixed-model approach to service delivery, with a mix of direct provision, purchasing and contracting, and partnering with agencies, iwi and communities
 - 46.4 building on the services already being delivered to young people across the country.
- The legislative settings and service choices available allow for a phased approach to implementation:
 - 47.1 preparation for young people can be scaled up over the first year by focusing on young people who are about to transition first, and then extending support out to younger cohorts during the year as the workforce builds
 - 47.2 the entitlement to live with a caregiver and the duty to maintain contact with a young person will only apply to those who turn 18 after 1 July 2019, allowing for workforce and caregiver supply to build over time
 - 47.3 although advice and assistance will be available to all eligible young people from 1 July 2019, the transition support service will only proactively offer these supports to the initial group of young people leaving care or youth justice. This also allows time to build the workforce and scale up additional services.
- 48 Options around phasing and scaling will be explored further as part of the Budget process.

Risks and mitigations

- There are a number of issues that could act as barriers to implementing the transition support service by 1 July 2019. These are:
 - 49.1 workforce supply and capability to deliver transition support to young people, and wider workforce challenges
 - 49.2 caregiver supply and capability for young people who wish to exercise their entitlement to live with a caregiver
 - 49.3 sourcing the right type or quality of service providers to meet young people's needs
 - 49.4 available capacity of services provided by other agencies (such as mental health services)
 - 49.5 limited Oranga Tamariki capacity to deliver the required infrastructure for the new service, such as information technology.
- Taking a phased approach to implementation, as outlined in paragraph 47, is the best way to mitigate these risks. This approach will allow officials sufficient time to build up the necessary workforce, caregiver provision and services needed.
- Oranga Tamariki will aim to use existing infrastructure and contract with existing services as much as possible for the first year, and will build new infrastructure as needed over time.

Evaluation, monitoring and continuous improvement

- Oranga Tamariki intends to take a continuous improvement approach to testing the effectiveness of the transition support service, in addition to delivering outcomes and impact-focused evaluations. This approach will include:
 - 52.1 implementation monitoring exploring to what extent the initiatives are being implemented and operating as intended, who is participating, what resources are being utilised and how
 - 52.2 process evaluations investigating the delivery of particular processes and practices in depth, and prioritising new or high-risk services for early feedback
 - 52.3 early impact analysis exploring short-term outcomes being achieved through individual service elements
 - 52.4 *outcomes evaluation* exploring impacts of the service on longer-term outcomes for young people (e.g. employment).
- The *pre-transition* stage of transition support will also be subject to both internal and external monitoring through the National Care Standards.

Consultation

This paper was prepared by Oranga Tamariki. The following agencies were consulted in the preparation of this paper: the Ministries of Health, Education, Justice, Social Development, and Youth Development; the Ministry of Business, Innovation and Employment; the Ministry of Housing and Urban Development; the Ministry for Pacific Peoples; the Ministry for Women; Te Puni Kōkiri; the Department of Corrections; the New Zealand Police; the Office

of Disability Issues; the Accident Compensation Corporation; Inland Revenue; the Joint Venture Family Violence and Sexual Violence; the Tertiary Education Commission; the State Services Commission; the Treasury; the Policy Advisory Group, Child Wellbeing Unit and the Child Poverty Unit at the Department of the Prime Minister and Cabinet; and the Office of the Children's Commissioner.

Officials have consulted extensively on these proposals with young people (including Māori young people) and other stakeholders, including caregivers, frontline professionals, iwi and other groups.

Financial implications

The table below sets out the indicative funding required over the four years for the roll-out of Option Two.



- 57 I propose to progress the delivery of Option Two as a Budget 2019 initiative.
- Initial work will be needed ahead of 1 July 2019 to establish the transition support service and enable Oranga Tamariki to meet its legislative obligations. I intend to report back to Cabinet later this year seeking a pre-commitment for funding to resource this work.

Legislative implications

- New legislation is not required to implement the proposals in this paper. However, the Act does enable regulations to be made to cover some detailed policy settings for transition support services. While operational policy outlining detailed requirements for transition support will be in place by 1 July 2019, regulations do not need to be made by that date.
- Regulations for the National Care Standards, which will come into force on 1 July 2019, also cover some aspects of the *pre-transition* stage of the transition support service.

Impact analysis

61 Impact analysis requirements do not apply to this paper.

Human rights

The legislative proposals underpinning transition support were previously assessed against the New Zealand Bill of Rights Act 1990 (BORA) and the Human Rights Act 1993 (HRA) [CAB-16-MIN-0492]. The analysis found that the proposals are prima facie inconsistent with the freedom from discrimination based on age, as defined by section 19 of BORA and section 21(1)(i) of HRA, but that this can be reasonably justified.

Support given to children in the *pre-transition* stage will increase New Zealand's alignment with the United Nations Convention on the Rights of the Child, in particular Article 20, which relates to the entitlement to special protection and assistance for children who cannot remain in their family or whānau environment. The proposals will also align with New Zealand's statement of support for the United Nations Declaration on the Rights of Indigenous Peoples.

Gender implications

Boys and young men are slightly over-represented in care and significantly over-represented in the youth justice system, and are likely to benefit from these proposals. The transition support service is being designed to be responsive to the individual needs of young people, including those related to gender identity.

Disability perspective

The proposals in this paper apply to all young people who are transitioning out of the care and youth justice system, including those with disabilities. There is an over-representation of disability needs in the group of young people who will be transitioning out of the care and youth justice systems. I expect that an on-going priority for the transition support service will be to ensure that it is responsive to the needs of disabled eligible young people. The proposals in this paper provide for additional supports, including specialist services, to be provided to young people with higher needs, including those with disabilities.

Publicity

Any announcements relating to final Budget 2019 decisions for Vote Oranga Tamariki will be made following Budget release day in May 2019. Any announcements will be co-ordinated with the Office of the Minister for Children.

Proactive release

Consistent with section 9(2)(f)(iv) of the Official Information Act 1982, the content in this paper is under active consideration until final Budget 2019 decisions have been made. Proactive release of this paper will be considered closer to Budget release in May 2019.

Recommendations

- 68 It is recommended that the Committee:
 - 1 **note** that a transition support service is needed to meet provisions in the Oranga Tamariki Act 1989 that will come into effect on 1 July 2019
 - 2 **note** that the transition support service will be based on a graduated service model which supports eligible young people to achieve independence through three stages:
 - 2.1 a *pre-transition* stage which prepares a young person for their transition as early as practicable
 - 2.2 a *transition* stage which responds to a young person's needs as they leave care or a youth justice residence
 - 2.3 a post-transition stage which enables a young person to become independent
 - 3 note that where a young person has chosen to live with a caregiver up to age 21, they will be expected to contribute a portion of their income towards the living costs of that support

- arrangement, and Oranga Tamariki will provide financial assistance to cover the remaining living costs, where necessary
- 4 **agree** that in order to successfully support young people to transition to independence, the transition support service should:
 - 4.1 take a relationship-based focus in which a transition worker builds and maintains a relationship with the young person to support them as they transition into adulthood
 - 4.2 start preparation and planning as early as practicable, while the young person is still in care or a youth justice residence
 - 4.3 provide 24-hour after-hours crisis support to ensure support is available to eligible young people at all times
 - 4.4 be able to respond practically to any reasonable request for financial assistance, with a focus on maximising existing entitlements
 - 4.5 be able to provide or facilitate a range of housing supports for young people where this is needed
- 5 note that social sector agencies will work with iwi and community partners to develop a whole-of-system approach to delivering transition support over time
- 6 **note** that three options for investment to establish the transition support service have been considered:
 - 6.1 **Option One: minimum service** primarily a phone-based service, supported by existing and new care and youth justice workers to respond to assessed need
 - 6.2 **Option Two: strong preparation, continuing response** a relationship-based service with a dedicated workforce that prioritises spending early on, and provides a strong level of support throughout their transition
 - 6.3 **Option Three: high-intensity service** an ambitious relationship-based service that delivers a high intensity of support across all stages of transition
- 7 agree to Option Two, which will provide for a relationship-based service that prioritises the early preparation of young people for their transition, and provides a strong level of support throughout their transition, subject to decisions in Budget 2019
- 8 **invite** the Minister for Children to submit a detailed bid for Budget 2019 that reflects the direction outlined in recommendation 7
- 9 note that choices about phasing and scaling of the transition support service will be worked through as part of the Budget 2019 process
- 10 note that the Minister for Children will report back to Cabinet later this year seeking precommitment funding from Budget 2019 to establish the transition support service to be available from 1 July 2019 and enable Oranga Tamariki to meet its legislative obligations

11 note that Oranga Tamariki will take a continuous improvement approach to evaluating the effectiveness of the transition support service.

Authorised for lodgement

Hon Tracey Martin

Minister for Children

Appendix A: Evidence for the effectiveness of transition support

- 1 International evidence suggests that providing a package of transition support services that can respond to the range of needs of young people leaving care or the youth justice system will help to improve their long-term wellbeing. A randomised controlled trial of a comprehensive support service for young people leaving care in the USA found that the services boosted earnings, increased housing stability and economic wellbeing and improved some health and safety outcomes for young people leaving care. There is also evidence to suggest that transition support services can improve mental health outcomes for this group.
- Several international cost-benefit analyses have estimated that increased investment in services for youth transitioning from care yields benefits and savings in the long term.¹¹ The Midwest Study, focusing only on the education impacts of providing extended support for young people in care, found that every \$1 spent on foster care beyond 18 years of age returned \$2 of benefits to foster youth as a result of increased earnings.¹² A separate Washington State study showed a return on investment from extending support to young people leaving foster care through into tertiary education.¹³
- 3 Establishing a transition support service will also bring New Zealand into closer alignment with comparable countries. A number of jurisdictions, including the United Kingdom, Canada and states in Australia and the United States, offer a package of transition support or 'aftercare services' for young people who have been in the care system.



⁹ Valentine, E., M. Skemer & M. Courtney (2015). Becoming Adults: One-year Impact Findings from the Youth Villages Transitional Living Evaluation. MDRC: New York, USA.

¹⁰ Garcia, A. R., O'Brien, K., Kim, M., Pecora, P., Harachi, T., Aisenberg, E (2015). Adverse Childhood Experiences and Poor Mental Health Outcomes Among Racially Diverse Foster Care Alumni: Impact of Perceived Agency Helpfulness. *Journal of Child and Family Studies*, 24(11), 3293-3305.

¹¹ Provincial Advocate for Youth (2012). 25 is the New 21: The Costs and Benefits of Providing Extended Care & Maintenance to Ontario Youth in Care Until Age 25. Author:Toronto, Ontario.

¹² Courtney, M. (2015). Do the Benefits of Extending Foster Care to Age 21 Outweigh the Costs? Evidence from Illinois, Iowa, and Wisconsin. Wisconsin Family Impact Seminar Number 33. https://www.purdue.edu/hhs/hdfs/fii/wp-content/uploads/2015/10/CourtneyReportChapter.pdf

¹³ Burley, M., Lee, S. (2010). Extending foster care to age 21: Measuring costs and benefits in Washington State. Olympia: Washington State Institute for Public Policy. http://www.wsipp.wa.gov/pub.asp?docid=10-01-3902

TRANSITION SUPPORT SERVICE - FUTURE STATE SERVICE MODEL

OUTCOMES SOUGHT

More young people have the life skills they need to thrive as adults

More young people have safe and stable living arrangements

TRANSITION SUPPORT OBJECTIVES

More young people are healthy

and recovering from trauma

More young people have a trusted adult in their lives and are engaged with family, cultural and community groups

More young people are in education, training, employment or volunteering

NEW OPERATING MODEL OUTCOMES

Reduced disparities in outcomes and experiences for Māori children and their whānau

Children and young people feel more listened to and better understood

KEY LEGISLATIVE PROVISIONS

Someone talks to me about my future, assesses my life skills and we talk about the support I will need when I leave care (s386A(2)(a) - needs assessment)

I am supported to prepare to leave care and advised of my entitlements (s386A - planning and preparation)

Someone proactively maintains contact with me after I leave care/custody to check if I need support, and provides this (s386C – keep in contact)

I can live with a caregiver if I want to (s386AAD - live with a caregiver)

I can ask for advice and assistance from Oranga Tamariki at any time I need it after I exit care/custody (s386A, s386B – advice and assistance)

KEY COMPONENTS OF FUTURE SERVICE

PRE-TRANSITION PREPARATION FOR TRANSITION RESPONDING TO TRANSITIONAL NEEDS SET UP AND ENABLE INDEPENDENCE young people having clear pathways as they pro-actively support young people having clear pathways as they pro-actively support

a nolistic needs
assessment and
co-ordinated
support to ensure
that young people's
needs are met
ahead of time,
whilst they are still
in care

Heard

young people have the opportunity to develop the skills and knowledge they need as they transition to adulthood

Prepared

good planning and preparation with the young person and giving young people a chance to develop stable and reliable relationships with their caregiving family, whānau and other trusted adults

Hopeful

young people having clear pathways as they exit care, including somewhere safe and stable to live, people to support them and a clear understanding of who and how to ask for help when they need it

maintain contact and
pro-actively support
young people throughout
their development as a
young adult – ensuring
they can navigate the
ups and downs of adult
life and access the
support they need to
help them to achieve
their goals

young adults knowing
that they can come
back for support
should they need it if
they hit crises on their
journey to
independence

young people being supported to become thriving, contributing adults

YOUNG PERSON'S FUTURE EXPERIENCE

Informed Aware

Part of the conversation

Important, valued

Empowered Safe, remembered

Excited for the future

Appendix C: Proposed elements of the transition support service

1 Based on what young people have said they want and need, and on the international evidence base, I propose that the transition support service should include the following elements:

Relationship-based model

- 2 The transition support service should be underpinned by a relationship-based model, in which a transition key worker builds and maintains a relationship with the young person to support them as they move into adulthood. Young people have been clear that when they leave care or a youth justice residence, they need someone to spend time with them, walk alongside them, and give them both emotional and practical support.
- In line with the legislative purposes and principles for transition support, the worker will, where appropriate, help the young person to:
 - navigate and engage with services
 - maintain existing relationships with a caregiver (where the young person has exercised their entitlement to live with a caregiver in a support arrangement up to age 21), or with another trusted adult
 - build and strengthen the young person's relationships with their family, family group, whānau, hapū, iwi, and wider community.
- 4 New Zealand evidence shows that having a consistent relationship with a support worker is a key factor both in a young person successfully transitioning into adulthood, and in helping them to build additional supportive relationships with others. 14 Overseas studies suggest that the worker-client relationship is integral to delivering positive outcomes for young people. 15 Taking a relationship-based approach to transition support is also well aligned with the approaches taken in comparable jurisdictions. 16

Start preparation and planning as early as practicable

- A key focus for the transition support service should be to prepare young people for transition as early as possible, starting when they are still in care or a youth justice residence. Young people have been clear that they need time and support to prepare for their transition to adulthood.
- 6 International evidence suggests that engaging with a young person early, building their relationships and practical skills, and planning their transition out of care are key factors in their ability to cope effectively post-care. Effective preparation is particularly important for those young people with emotional and behavioural difficulties, those who have limited family, whānau and community connections, and those with a disability.¹⁷

¹⁴ Alessi, L., R. Munford, J. Sanders, W. Johnston, and R. Ballantyne. (2018). The Youth Transitions Study (New Zealand): Young People's Experiences with Services: Technical Report 27. Wellington: Massey University. Retrieved from: https://www.researchgate.net/publication/325881170 Young People%27s Experiences with Services Technical Report 27.

¹⁵ Monash University (2017). Evaluation of the Berry Street Stand by Me Program Wraparound support during the transition from outof-home care. Retrieved 5 July 2018 from: https://www.childhoodinstitute.org.au/sites/default/files/2018-05/Stand-by-Me-Evaluation.pdf

¹⁶ Examples include transition 'Personal Advisors' in the United Kingdom, 'Stand By Me' Support workers in Victoria, Australia, and Youth Worker/Transition Facilitators in Canada.

¹⁷ Mendes, Johnston and Moslehuddin (2011). 'Effectively preparing young people to transition from out-of-home care: An examination of three recent Australian studies'. Australian Institute of Family Studies Family Matters No. 89. Retrieved from https://aifs.gov.au/sites/default/files/fm89g.pdf).

- 7 In order to provide robust preparation and planning, the transition support service needs to:
 - integrate well with the broader operating model, building on the role of statutory social workers in pre-transition preparation and planning activities and support
 - work alongside young people so that they are fully engaged in the needs and life skills assessments and planning processes
 - take a holistic approach, building on the young person's strengths and identity
 - involve appropriate people (eg, from the young person's family, family group, whānau, hapū, iwi, or community) in the transition planning
 - engage with the right services, agencies, iwi and Māori organisations, NGOs and communities at the right time to provide assistance.
- 8 This preparation and planning will complement other elements of the care service, such as the support to develop life skills that young people will receive at earlier points during their time in care.

Provide for after-hours crisis support for eligible young people

- 9 The transition support service should provide for 24-hour support to be able to respond when eligible young people are in crisis.
- 10 Young people have said it is important to them that support is available when they really need it. Being proactive in providing advice and assistance means ensuring this is available at all times, and that young people understand what to do or where to go in a crisis or emergency. This is critical. These are times when they are at their most vulnerable, and often when existing supports have failed.

Respond to reasonable requests for financial assistance

- 11 The transition support service should be able to respond sensibly and practically to any reasonable request for financial help, in line with the legislative provisions for advice and assistance.¹⁸
- 12 Young people leaving care or the youth justice system often struggle financially, and have fewer networks that can offer help if things go wrong. It is essential that these young people receive the financial assistance they are entitled to (such as from Work and Income or StudyLink). However, many of them have difficulty accessing their existing entitlements, and may require knowledgeable and unfailing support to help them navigate the system.
- 13 It is difficult to estimate how many young people will require additional financial assistance or the level of financial support they may need. However, we do know that key factors in this group becoming independent include stable housing, good health, and activities like education, training, job-seeking or employment. These are among the key elements these young people are likely to seek financial assistance for.¹⁹
- 14 With any request for financial assistance, Oranga Tamariki will first ensure that our young people know of and are supported to access all entitlements currently available to them, before it provides any additional financial support. Officials will develop guidelines and parameters for the provision of this financial support as required. However, I do not want to set limits from the outset on the service's ability to respond to genuine need. This approach will allow officials to evaluate and learn from the roll-out of services, and set clear limits if necessary.

¹⁸ Section 386B of the Act.

¹⁹ Through our service design engagement, our young people said they need support covering basic needs in an emergency like food, shelter, transport. The young people seeking financial support from Oranga Tamariki over the last several years have asked mostly for help with accommodation and education costs.

Provide or facilitate a range of housing supports

- 15 The transition support service should be able to provide or facilitate housing supports to young people where this is needed.
- Housing insecurity and homelessness are key issues for young people leaving care or the youth justice system. Not only is housing an essential requirement for achieving independence, but it impacts on a range of wider outcomes including health, employment, education and benefit receipt. Government has a key responsibility in this area because it uplifted these young people from their families and homes to secure their care or retain them in a youth justice residence, and they may not be able to return to their families or homes.
- 17 The majority of housing supports available are funded or contracted by the Ministry of Social Development (MSD).²⁰ While some of these supports take a youth focus, in general the services available are targeted at adults and are not tailored for the specific needs of our young people.
- 18 New Zealand evidence suggests that a good-practice approach to housing support for these young people includes providing a range of housing options suitable to meet the needs of different young people and ensure a 'graduated transition' as they move into independence.²¹
- 19 Oranga Tamariki will look to trial a wider range of needs-based housing solutions. Potential examples include:
 - expansion of the existing Oranga Tamariki supported housing pilots
 - emergency accommodation to support young people in crisis while returning to live with a caregiver or supported housing options are explored²²
 - shorter, transitional arrangements aimed at supporting a young person into independence
 - supported boarding placements in the community, particularly for those leaving custody.
- 20 These housing supports will sit alongside and complement other housing supports available to these young people, including those funded by MSD.

²⁰ These include: the Housing First programme; Emergency Housing Special Needs Grants; the Income-Related Rent Subsidy; supported accommodation for youth; the Accommodation Supplement; and Temporary Additional Support payments for essential living costs.

²¹ Atwool, N. (2016). 'Journeys of exclusion: Unpacking the experiences of care leavers in New Zealand.' In P. Mendes & P. Snow (Eds.), Young people transitioning from out-of-home care: International research, policy and practice (pp. 309-328). London, England: Palgrave.

²² Our service design engagement, and feedback from the Supported Living pilot providers, has indicated that returning to live with a caregiver or entering supported accommodation should be done in a planned manner, rather than in response to a crisis, as ensuring the right match is seen as essential to the success of the placement.

Appendix D: Evaluation criteria for options for investment in the transition support service

The table below details how the policy and investment options were assessed.

Criteria	Assessment	Weighting			
Meets legislative and policy intent	The extent to which the proposed action is likely to best enable the chief executive to deliver the desired care outcome sought and is consistent with: • the purposes and principles of the Oranga Tamariki Act, including those set for transitions support • the legislative requirements for the service • the policy intent for transitions support (including the specific objectives and outcomes sought from each component of the service).				
Contributes towards transition support objectives	objectives for transition support. These are that: more young people have the life skills they need to thrive as adults more young people have safe and stable living arrangements				
Flexibility	The extent to which each action: is able to support an emerging operating model, where systems and practical approaches change over time is able to adapt to the changing circumstances and needs of young people.				
Clarity and Accountability					
Ease of implementation and practice	plementation				
Fiscal impact	The fiscal impacts of each option including on Oranga Tamariki and other agencies.	Medium			
Potential value for money					
Aligns with youth-centric approach which considers the rights, needs and aspirations and the circumstances of the young person. It will consider whether the options align with other objectives Government is seeking to achieve, including: • relevant government policy settings and legislation which are likely to have a direct impact on the provision of support to young people transitioning from care • government policy on youth employability, education, housing, justice and mental health.		Medium			
Consistency with Treaty of Waitangi and international obligations	Treaty of international obligations such as the United Nations Convention on the Rights of the Child. rational				

TRANSITION SUPPORT SERVICE - INVESTMENT OPTIONS

OPTIONS

Investment option	Option 1 Minimum service			Option 2 Strong preparation, continuing response		Option 3 High intensity service	
Primarily a phone-based service supported by existing and new frontline workers to respond to assessed need. Provides a minimum of support at all stages of transition. Minimum levels of investment across all components of transition support.		A relationship-based service that: prioritises spending early on, to prepare young people for transition provides solid support during the initial years of their transition retains a solid level of support as they age through the transition support service. Invests strongly in younger cohorts. Retains support for ages 21 to 25.		An ambitious relationship-based service that is based on delivering a high intensity of support across all components, at all stages, and securing a high level of engagement and take-up from young people. Maximum levels of investment across all components of transition support.			
Nature of service	папологи варрота						
PRE-TRANSITION							
TRANSITION							
POST-TRANSITION							
Crisis Support							
Financial support							
Housing support							
INDICATIVE COST							
ANALYSIS BY K	EY FACTO	9(2)(g)(i)		9(2)(g)(i)		9(2)(g)(i)	
Aligns with what young people want		Does not align with what young people have told us they want	111	Aligns closely with what young people have told us they want at all phases	111	Aligns most closely with what young people have told us they want	
Aligns with policy and legislation		May be sufficient to align with legislative requirements, but not policy intent	11	Aligns with legislative requirements and policy intent	111	Aligns with legislative requirements and policy intent	
Delivers on the investment objectives	1	Least likely to deliver on the investment objectives	111	Goes further than Option 1 in delivery, but not as far as Option 3	111	Likely to go the furthest to deliver on investment objectives	
Provides scope for partnerships		May provide some scope for partnership with other agencies, iwi, hapū, and whānau	11	Provides scope for partnership with other agencies, iwi, hapū, and whānau	111	Provides the greatest scope for partnership with other agencies, iwi, hapū, and whānau	
Gives effect to s7AA of the Act		As not primarily relationship-based, this is unlikely to enable us to give effect to s7AA of the Oranga Tamariki Act 1989 (the Act)	11	Supports us to give effect to s7AA of the Act, as provides the capacity and flexibility to deliver culturally responsive support	111	Provides maximum capacity and flexibility to deliver culturally responsive support to give effect to s7AA of the Act	
Achievability by 1 July 2019	111	Most achievable by 1 July 2019. Quick to establish, but utilises existing workforce so will creates pressures elsewhere in system	11	This is achievable by 1 July 2019, but requires significant work to stand up new workforce	1	Most difficult to achieve by 1 July 2019, requires significant up-lift in workforce capacity and capability	
Summary of analysis	neonie's needs some risk mat this will leave the		Preferred option. A relationship-based service that builds up from a solid foundation to deliver strong support to care and justice leavers of <u>all</u> ages		Based on an intensity of support and level of engagement and uptake that is extremely ambitious, and may not be achievable in the foreseeable future		



Cabinet Social Wellbeing Committee

Minute of Decision

This document contains information for the New Zealand Cabinet. It must be treated in confidence and handled in accordance with any security classification, or other endorsement. The information can only be released, including under the Official Information Act 1982, by persons with the appropriate authority.

Transforming Our Response to Children and Young People at Risk of Harm - Paper Six: Transition Support

Portfolio Children

On 31 October 2018, the Cabinet Social Wellbeing Committee:

- noted that a transition support service is needed to meet provisions in the Oranga Tamariki Act 1989 that will come into effect on 1 July 2019;
- 2 **noted** that the transition support service will be based on a graduated service model which supports eligible young people to achieve independence through three stages:
 - 2.1 a pre-transition stage which prepares a young person for their transition as early as practicable;
 - a transition stage which responds to a young person's needs as they leave care or a youth justice residence;
 - 2.3 a post-transition stage which enables a young person to become independent;
- noted that where a young person has chosen to live with a caregiver up to age 21, they will be expected to contribute a portion of their income towards the living costs of that support arrangement, and Oranga Tamariki will provide financial assistance to cover the remaining living costs, where necessary;
- 4 **agreed** that in order to successfully support young people to transition to independence, the transition support service should:
 - 4.1 take a relationship-based focus in which a transition worker builds and maintains a relationship with the young person to support them as they transition into adulthood;
 - 4.2 start preparation and planning as early as practicable, while the young person is still in care or a youth justice residence;
 - 4.3 provide 24-hour after-hours crisis support to ensure support is available to eligible young people at all times;
 - be able to respond practically to any reasonable request for financial assistance, with a focus on maximising existing entitlements;
 - be able to provide or facilitate a range of housing supports for young people where this is needed;

1

- 5 **noted** that social sector agencies will work with iwi and community partners to develop a whole-of-system approach to delivering transition support over time;
- **noted** that three options for investment to establish the transition support service have been considered:
 - option one: minimum service primarily a phone-based service, supported by existing and new care and youth justice workers to respond to assessed need;
 - option two: strong preparation, continuing response a relationship-based service with a dedicated workforce that prioritises spending early on, and provides a strong level of support throughout their transition;
 - option three: high-intensity service an ambitious relationship-based service that delivers a high intensity of support across all stages of transition;
- agreed to option two, which will provide for a relationship-based service that prioritises the early preparation of young people for their transition, and provides a strong level of support throughout their transition, subject to decisions in Budget 2019;
- 8 **noted** that the Minister for Children will submit a detailed bid for Budget 2019 that reflects the decision in paragraph 7;
- 9 **noted** that choices about phasing and scaling of the transition support service will be worked through as part of the Budget 2019 process;
- noted that the Minister for Children will report back to the Cabinet Social Wellbeing Committee later in 2018 seeking pre-commitment funding from Budget 2019 to establish the transition support service to be available from 1 July 2019 and enable Oranga Tamariki to meet its legislative obligations;
- noted that Oranga Tamariki–Ministry for Children will take a continuous improvement approach to evaluating the effectiveness of the transition support service.

Jenny Vickers
Committee Secretary

Present:

Rt Hon Jacinda Ardern Rt Hon Winston Peters Hon Kelvin Davis

Hon Grant Robertson

Hon Andrew Little

Hon Carmel Sepuloni (Chair)

Hon Dr David Clark

Hon Nanaia Mahuta

Hon Jenny Salesa

Hon Tracey Martin

Hon Aupito William Sio

Hon Julie Anne Genter

Michael Wood, MP

Jan Logie, MP

Hard-copy distribution:

Minister for Children

Officials present from:

Office of the Prime Minister

Department of the Prime Minister and Cabinet

The Treasury

BUDGET: SENSITIVE

Ministry of Education

Office of the Chair

New Zealand Police

Oranga Tamariki-Ministry for Children

Officials Committee for SWC