

Just Sayin' – 2020 Fact Sheet

- › From July 1 2019, as well as supporting young people aged 15-17 years in care to prepare for transition, Oranga Tamariki (in partnership with provider organisations) aimed to provide young people leaving care with new supports.
- › The aim was to do things differently and improve outcomes for young people transitioning from Oranga Tamariki care into independence. Doing things differently included providing support for young people from a transition support service (TSS) and a transition worker (TW).
- › Just Sayin' has been developed as an annual survey to hear young people's voices about how they are being supported, what difference TW support has made for them and to understand their living situations.
- › We heard from 141 young people who were broadly representative of all young people eligible for TW support. Our responses were limited by not being able to reach many young people as their contact details were not recorded in the Oranga Tamariki central database.
- › We promoted the survey on social media and that increased the reach of the survey to include some young people eligible for TW and 49 young people with a history of Oranga Tamariki care but not eligible for a TW support.
- › Most of the young people eligible for TW support were aged 17 or 18 (88%) and a few were older (12%). We heard from more young females (60%) than males (39%). We heard from rangatahi Māori (58%), young Pacific (16%) and young people from other ethnic groups (39%)¹.
- › The young people not eligible for TW support who completed Just Sayin' comprised: 10% younger than 16; 62% aged 17-18 and 28% older than 18; 67% were female; 59% rangatahi Māori, 10% Pacific and 39% another ethnic group.

¹ We used a total count approach for ethnicity where all young people identifying as Māori were included in the category Māori, all young people identifying as Pacific were included in the Pacific category and all young people from other ethnic groups and excluding rangatahi Māori and Pacific young people were included in the 'other' category. Rangatahi Māori and Pacific young people may also identify with another ethnic group, hence the percentages do not add to 100.

Doing things differently

Holistic needs assessment	Eligible YP
Does Oranga Tamariki help make things better for you? <i>(3-yes, I think so, to 4-yes, definitely on 4-point scale)</i>	69%
Does your Oranga Tamariki social worker do what they said they would do? <i>(3-most of the time, to 4-all of the time, on 4-point scale)</i>	70%
Is your Oranga Tamariki social worker there when you need them? (% yes)	70%
I think my Oranga Tamariki social worker understands what kinds of support I need after I turn 18 (% yes)	76%
Are you worried about anything that will happen after you turn 18? <i>(8-10 out of a 10-point worry scale – serious worries)</i>	30%
Do you feel you can talk to your social worker at Oranga Tamariki about your worries? <i>(3-yes, I think so, to 4-yes, definitely, on 4-point scale)</i>	57%
Transition planning	
Have you had a conversation with anyone at Oranga Tamariki about what you need when you turn 18? (% yes response for 17 year olds)	52%
Have you been at a family group conference where people talked with you about what you wanted to do when you turn 18? (% yes)	61%
When you turned 18 had you been part of an FGC to discuss your future? <i>(% yes for 18-year olds and older)</i>	58%
Do you feel you get to have a say in important decisions about your life? <i>(3-most of the time, to 4-all of the time, on 4-point scale)</i>	82%
Are the important people to you from your chosen whānau or family involved in planning what happens with your life as much as you would like? (% yes)	56%
Have you been asked about whether you want to see a TW? (% yes)	67%
(Of those asked) Do you have a TW? (% yes)	65%
Have you talked with a TW – this might be a social worker or someone else at another type of organisation? (% yes)	73%
Did you have any choice about what type of organisation this was? (% yes)	41%
Do you think it would help you to connect with someone from a TSS? (% yes)	57%
Proactively provide advice and arrange assistance	
Do you think your Transition Worker understands what kinds of support you need? (% yes)	89%
Not worried about anything in your life just now? <i>(0-3 on 10-point worry scale – no or minor worries)</i>	63%
Are you worried about anything in your life just now? <i>(serious worries)</i>	11%
(Of those with a TW) Do you feel you can talk to your TW about your worries? <i>(3-yes, I think so, to 4-yes, definitely, on 4-point scale)</i>	79%

Does your Transition Support Service worker do what they say they would do? <i>(3-most of the time, to 4-all of the time, on 4-point scale)</i>	90%
Is your TW there when you need them? (% yes)	85%
Does your TW help make things better for you? <i>(3-yes, I think so, to 4-yes, definitely, on 4-point scale)</i>	90%
Maintaining contact with young people	
Do you know how to get help from Oranga Tamariki if you needed help? (% yes)	78%
Have you called the Transition Support Line at Oranga Tamariki? (% yes)	15%
Those who have called: Did they help you? (% yes – a lot)	52%
Have you seen or heard about an organisation called VOYCE - Whakarongo Mai? (% yes)	64%
Do you know how to contact VOYCE - Whakarongo Mai? (% yes)	50%
A family home or homes	45%
A group residence (or lock up residence)	21%
A foster home	16%
A partner's home	16%
A flat you pay rent for	16%
A friend's home	7%
A school hostel or university hall	4%
Somewhere else	4%
Couch surfing or moving around with whānau or friends	4%
Living rough	4%
A motel	1%
Living in a car or van	1%
Living in one place	72%
Whakapapa whānau	42%
Other whānau	29%
Friends	14%
By myself	6%
Someone else	25%
Do you live in the same place as before you turned 18? (% yes)	44%
Those in a different place: Did you feel you had a choice about moving to live somewhere else? (% yes)	73%
Do you think you will stay living [where you live now] after you turn 18? (% yes)	48%
Did anyone talk with you about a service called Entitlement to Remain or Return – or ETRR? (% yes)	12%
[Under 18] Has anyone talked with you about other places where you could live after you turn 18? (% yes)	34%
[Over 18] Did anyone at Oranga Tamariki or the TSS talk with you about other places? (% yes)	43%

Improving outcomes for young people as they transition from Oranga Tamariki care

	Eligible (n=141)	NE (n=49)	Com- parison
How much do you disagree or agree with the following statements about where you usually live: (7-10 agreement out of 10-point scale)			
I have somewhere warm to live	90%	81%	-
I feel like I belong	73%	53%	-
I feel safe where I live	85%	76%	-
I feel settled where I live	78%	63%	-
I feel accepted for who I am by the people I live with	85%	65%	-
How much do you disagree or agree with the following... (4-5 agree out of 5-point agreement scale)			
I have friends I trust	62%	47%	-
I feel safe with my friends	73%	65%	-
My friends accept me for who I am	77%	67%	-
More young people have a trusted adult in their lives			
If you were going through a difficult time and needed help, do you have someone you could turn to? (% yes)	82%	-	-
Young people who could turn to two or more people	50%		
Who would you turn to?			
Friends	51%	-	-
Parents or carers	48%	-	-
Brothers and sisters	32%	-	-
Wider family	17%	-	-
Grandparents	13%	-	-
Other	31%	-	-
Young people have an improved sense of identity and belonging			
To what extent do you feel secure in your identity? (3-reasonably to 4-very on 4-point scale)	79%	63%	-
To what extent do you feel proud of who you are? (3-reasonably to 4-very on 4-point scale)	77%	60%	-
Do you have as many chances as you would like to connect with your whakapapa whānau? (% yes)	66%	71%	-
Do you know your ancestry (whakapapa)? (3-yes, I think so, to 4-yes, definitely on 4-point scale)	40%	29%	-
Do you want to know more about your ancestry or whakapapa? (% yes)	49%	-	-
Are you being supported to find out more about your ancestry/ whakapapa? (% yes - of those who wanted to know more)	49%	-	-

More young people are healthy and recovering from trauma			
How do you feel about your life in general? <i>(4-very good, to 5-excellent on 5-point scale)</i>	41%	18%	61.7% ²
Self-reported holistic wellbeing (based on Te Whare Tapa Whā)			
In general, would you say your taha tinana - physical health is? <i>(4-, very good, to 5-excellent on 5-point scale)</i>	37%	18%	-
In general, would you say your taha hinengaro - mental health is? <i>(4- very good, to 5-excellent on 5-point scale)</i>	35%	23%	17% 28% ³ -
In general, would you say your taha wairua - spiritual health is? <i>(4-, very good, to 5-excellent on 5-point scale)</i>	34%	24%	-
In general, would you say your taha whānau or family health is? <i>(4-, very good, to 5-excellent on 5-point scale)</i>	40%	28%	-
Self-reported difficulties (3-often, to 4-always on 4-point scale)			
Do you have any difficulty seeing?	16%	-	-
Do you have difficulty hearing?	6%	-	-
Do you have any difficulty doing physical activities?	4%	-	-
Do you have difficulty learning, remembering or concentrating?	29%	-	-
Do you have any emotional, psychological or mental health conditions?	36%	-	-
Are you receiving the health support you need? (% yes)	70%	68%	-
In the last 12 months, has there been any time when you wanted or needed to see a doctor or nurse (or other health care worker) about your health, but you weren't able to? (% yes)	29%	43%	20% ⁴
More young people have the life skills they need to thrive as adults			
To what extent do you feel hopeful about your future? <i>(3-reasonably to 4-very on 4-point scale)</i>	75%	55%	-
Are you getting the support you need to learn the skills you want to learn? (% yes)	62%	-	-
Financial capability (% yes)			

² Sourced from Social Survey 2014. Youth aged 15-24: Overall life satisfaction. 8-10 out of a 10 point scale: http://archive.stats.govt.nz/browse_for_stats/people_and_communities/Households/nzgss_HOTP2014.aspx#gsc.tab=0

³ Youth 2000 series found significant depressive symptoms in 17% males and 28% of females of college age (Reynolds Adolescent Depression Scale). Rates were higher for rangatahi Māori (19%-38%)

⁴ Sourced from Youth 2000 series, youth aged 17 and older: <https://www.fmhs.auckland.ac.nz/assets/fmhs/faculty/ahrg/docs/2012prevalence-tables-report.pdf>

At the end of each week do you have money left over?	32%	21%	-
At the end of each week do you have a budget?	40%	48%	-
At the end of each week do you have any savings	35%	22%	-
At the end of each week do you have any debts?	18%	27%	-

More young people are in education, employment or training (in the past 12-months)			
In education or training	51%	-	-
Has full-time job	16%	-	-
Has part-time job	33%	-	44% ⁵
NEET	32%	-	13% ⁶
Young people not working in a paid job who would like a fulltime job	98%		
Young people who had a paid job and would like more hours	73%		
Volunteers	32%	45%	-
Gets a benefit from Work and Income or StudyLink?	33%	55%	-
Young people feel supported to be parents			
All survey participants who were parents (% yes)	14%	22%	-
Females only (% yes)	13%	-	13% ⁷
How much support do you have to look after your child? (7-10 on a 10-point scale)	71%	70%	

⁵ Sourced from Youth 2000 series – 17 and older:

<https://www.fmhs.auckland.ac.nz/assets/fmhs/faculty/ahrg/docs/2012prevalence-tables-report.pdf>

⁶ Based on 15-24 year olds <https://www.stats.govt.nz/information-releases/labour-market-statistics-march-2019->

[quarter#:~:text=The%20NEET%20rate%20was%2013.2,age%20population%20aged%2015%E2%80%9324.](https://www.stats.govt.nz/information-releases/labour-market-statistics-march-2019-#:~:text=The%20NEET%20rate%20was%2013.2,age%20population%20aged%2015%E2%80%9324.)

⁷ Sourced from: stats infoshare – as of 2019: <http://archive.stats.govt.nz/infoshare/>